

Title IV-E Prevention Services (Family First) Clearinghouse:

**Evidence-Based Services and Programs Matrix**

Updated: April 2022

Program/Service	Approved for	Target Population	Frequency	Setting	Primary Goal	Average Length	Practitioner Requirements	Training Requirements	Approximate Startup Cost
<b>Well-supported</b>									
<b>Brief Strategic Family Therapy (BSFT)</b>	Mental Health Substance Abuse In-home Skill-based	Families with youth 6 – 17-years-old with problem behaviors	Medium: One, 60 – 90 minute, in-person session per week	Multiple  Home, school, community centers or clinic	Work with the whole family to improve family functioning, prevent and treat youth substance abuse and decrease youth behavior problems	3 – 5 months	Master's level therapist or Bachelor level professionals with extensive experience	Attend a 4-day in-house training, participate in weekly video supervision for 4 - 6 months, record therapy sessions. The site, not the therapist, is certified	\$35,000 +
<b>Familias Unidas</b>	Mental Health Substance Abuse In-home Parent Skill-based	Hispanic adolescents ages 12 to 16 and their families	Medium: One, 60 – 120 minute, weekly session	Multiple  Home, school	A family-centered intervention that aims to prevent substance use and risky sexual behavior among Hispanic adolescents	3 months	Bachelor's degree and speaks Spanish	Attend a 32-hour training	\$5,000 per person
<b>Family Check-Up</b>	Mental Health In-home Parent Skill-based	Families with youth age 2 – age 17	Medium: One weekly session	Multiple  Therapy office, home, school or community setting	Aims to improve parenting skills and family management practices, with the goals of improving a range of emotional and behavioral challenges	1 - 4 months	Master's level with some clinical experience	Attend a 2-day in-person training or participate in a self-paced on-line course and two live webinars or a hybrid of the two	\$6,000 +
<b>Functional Family Therapy (FFT)</b>	Mental Health	Families with youth 11 – 18-year-olds with problem behaviors	Medium: One, 90-minute, in-person session per week + one phone call per week	Multiple  Therapy office, home, school or community setting	Decrease conflict in the home, improve family functioning, help youth make positive change	2 – 4 months	Master's level therapist - exceptions can be made for Bachelor level professionals with experience	Therapist must attend a multi-day training and be on a FFT team. Full certification can take up to 3 years	\$40,000 +
<b>Generation PMTO - Group</b>	Mental Health	Parents of children ages 2 – 17 with behavioral challenges	Medium: One, 90-minute group session	In the community: out-patient clinic, school	Increase parenting skills and promote effective family management	3 – 4 months	Formal training in counseling, social work or education	Attend two workshops over 10 – 12 days, record 6 sessions, and engage in 12 coaching sessions	\$7,000 + per person
<b>Healthy Families America (HFA)</b>	In-home Parent Skill-based	Pregnant women/ Families with children age newborn – age 5	Medium: One weekly visit	In-home	Strengthen the parent/child relationship, enhance family functioning	6 months +	No minimum qualifications	H.S. diploma and attend a 4-day training, likely in house or found locally	\$10,000 +

<b>Homebuilders</b>	In-home Parent Skill based	Families with children ages newborn–age 18	High: Average of 10 hours a week + 24/7 on-call + telephone check-ins	In-home	Help families identify strengths and problems associated with child safety and deliver intensive family therapy in order to preserve and/or reunify families	1 – 2 months	Master's Degree or Bachelor's level professional	Attend initial 4-day core training. After using the model, attend 10 days total of advanced training	\$25,000 +
<b>Intercept</b>	In-home Parent Skill-based	Children from birth – age 18 who are at risk of entry or currently in out-of-home placements	High: Average of three times per week	In-home and in the community	Reduce foster care utilization by providing prevention services to children and their families or reduce time spent in care by providing reunification services	4 – 9 months	Master's Degree or Bachelor's Degree with at least one year experience	Attend a 4-day initial Clinical Foundations training and then participate in weekly consultation with Licensed Program Experts	Cost could not be estimated based on current, publicly available information
<b>Mindfulness Based Cognitive Therapy</b>	Mental Health	Adults with symptoms of depression and/or anxiety	Medium: One, two-hour group session per week	Multiple Clinic, hospital, community setting	Teach individuals how to become aware of and manage their thoughts, feelings, and body sensations	8 weeks	Be a mental health professional	Attending a 5-day training and earning certification is recommended but not required.	0 - \$4000 + per person
<b>Motivational Interviewing (MI)</b>	Substance Abuse	10-year-old adults with an addiction to substances or nicotine	Low: One – three sessions total, each session is approximately 30 – 50 minutes	Multiple School, therapy office, community agency or in the home	Encourage and promote behavior change to improve physiological, psychological, and lifestyle outcomes	1 – 6 weeks	No minimum qualifications	Complete a one day on-line or in-person training – usually found locally	\$1000 +
<b>Multisystemic Therapy (MST)</b>	Mental Health Substance Abuse	At-risk youth ages 12 – 17 and their families	High: Multiple visits per week	Multiple Home, school or in the community	Promote pro-social behavior and reduce criminal activity	3 – 5 months	Master's level therapist - exceptions can be made for Bachelor level professionals with experience	Therapist must attend a 5-day training and be on an MST team with a certified MST supervisor who attends 12 days of training	\$26,000 +
<b>Nurse Family Partnership</b>	In-home Parent Skill-based	Pregnant women/ Families with children age newborn – age 2	Medium: One weekly visit for the first month, then can taper down	In-home or somewhere in the parent's community	Improve the health of the children and their families	2 years	Registered Nurse (RN) with a bachelor's degree	Participate in educational session with the NFP National Service Office	\$30,000
<b>Parent-Child Interaction Therapy (PCIT)</b>	Mental Health	2 – 7-year-olds with problem behaviors and their families	Medium: One, in-person session per week or one session every other week	Play-room therapy office with one-way mirror	Parents learn behavior management, child's behavior improves and parent/child relationship improves	3 – 5 months	Licensed Master's level therapist	40 hours of training (30 in-person) with a PCIT certified therapist – found all over the country	\$14,000 +
<b>Parents as Teachers (PAT)</b>	In-home Parent Skill-based	Pregnant women/ Families with children age newborn – starts Kindergarten	Low: Every other week or monthly	In-home Can also be provided in child-care setting	Improve the health of children, prevent child abuse, teach parenting skills, detect/prevent developmental delays	3 years	No minimum qualifications	H.S. diploma and attend a 5-day PAT training held throughout the nation including Texas	\$4,500 +



Supported

<b>Child First</b>	Mental Health  In-home Parent Skill-based	Families with young children (prenatal – age 5) Who have developmental, social, behavioral or learning challenges	High:  Contact made twice weekly for the first month and then weekly	In-home	Aims to promote healthy child and family development through a combination of psychotherapy and care coordination	6 – 12 months	Master's level clinician and Bachelor's level case manager/ care coordinator	Staff who will be delivering Child First participate in a learning collaborative including 4 trainings over a 7-month period for a total of 10 days	\$24,000 +
<b>Eye Movement Desensitization and Reprocessing – Standard Protocol</b>	Mental Health	Children and adults experiencing distress associated with traumatic memories	Medium:  Weekly, 50 – 90 minute sessions	Counseling office / in a clinical setting	Aims to minimize distress associated with traumatic memories and other adverse life experiences	1 – 6 months	Licensed Master's level therapist	Participate in 20 hours of training, 20 hours of supervision, and 10 hours of consultation	\$6,000 +
<b>Families Facing the Future (FFF)</b>	Substance Abuse	Parents in substance abuse recovery and their families	High:  Contact made three times per week	Combination Outpatient clinic and in-home	Parents learn relapse prevention skills, decrease stress in the home, improve family functioning	4 – 6 months	Master's level therapist	Attend a 3-day training	\$4,500 +
<b>Family Centered Treatment</b>	In-home Parent Skill-based	Families who are at-risk of removal or in need of reunification or youth who move between the child welfare, juvenile justice, and behavioral health systems	High:  Contact made two or more times per week for multiple hours + on-call support 24/7	In-home or In school	A trauma treatment model of home-based therapy that helps families identify functions of behaviors in a family system, change the emotional tone and behavioral patterns in the family, and develop secure relationships by strengthening attachment	6 months	Bachelor's Degree	Complete online modules and field-based competency evaluations  Agencies must apply and be licensed before implementing FCT	Cost could not be estimated based on current, publicly available information
<b>Interpersonal Psychotherapy (Weissman, et al. Manual) (IPT)</b>	Mental Health	Adults diagnosed with Major Depression	Medium:  One weekly 50-Minute session	Therapy office or In-home	To support patients in improving interpersonal relationships and patterns or circumstances that are directly related to the current depressive episode. Can be done individually or through group modality	3 – 4 months	Licensed Master's level therapist	Therapist must attend at least one, 16-hour workshop or course and read the IPT manual. Mentorship from an experienced IPT therapist recommended	\$500
<b>Multidimensional Family Therapy (MDFT)</b>	Mental Health  Substance Abuse  In-home Parent Skill-based	Adolescents and young adults (9 – 26) with substance use, delinquency and mental health difficulties and their family and the systems they are involved in	High:  One – three, 45 – 90 minute sessions per week and weekly phone/text check-ins	Multiple Therapy office or In-home or Community setting	To enhance coping, problem solving and communication skills; stabilize mental health issues; reduce youth substance use, improve school achievement, improve parenting skills and attachment	3 – 6 months	Licensed Master's level therapist	Therapist teams of two or more attend 5 months of MDFT-specific training. This includes three, 3-day on-site trainings, weekly consultations, online education and video reviews of the sessions	\$6,000 for group of up to 35 people, plus trainer travel to your site x 3

<b>Parenting With Love and Limits</b>	Mental Health In-home Parent Skill-based	A family-focused intervention for teenagers (ages 10-18) with severe emotional and behavioral problems	Medium: One, 60 – 120 minute, weekly sessions	Multiple Community centers, residential treatment centers, schools, in-home	Help families re-establish adult authority through setting consistent limits and reclaiming loving relationships. Has multifamily group therapy and individual family therapy coaching sessions	4 – 6 months	Facilitators must have a master's degree in a counseling related field. Co-facilitators must have a bachelor's degree	Complete a 5-day training plus 2-hour semi-monthly case consultation and video-taped session analysis	\$45,000 per team of up to 36 people
<b>Parents Anonymous</b>	Mental Health Substance Abuse In-home Parent Skill-based	Families with children ages birth – 18 experiencing difficulties related to mental health, substance use, or challenging life situations	Low – Medium: As needed – 2-hour support groups occur weekly and families can attend when they choose	Multiple Community centers, family resource centers, churches, schools, prisons, ect..	Support group for parents that seeks to enhance family functioning and parent/caregiver resilience to prevent and treat child maltreatment through mutual support, parent leadership, and personal growth and change	On-going / regularly occurring	Bachelor level Social Service Professional and a Parent Peer	Attend a 40-hour in-person training and shadow 3 – 5 groups and then participate in virtual guided practice sessions for 4 – 6 months after the in-person training	\$10,000 +
<b>Prolonged Exposure Therapy for Adolescents with PTSD</b>	Mental Health	Adolescents (aged 13 – 18) diagnosed with PTSD or who manifest trauma-related symptoms	Medium: One weekly 60 – 90 minute visit	Counseling office / in a clinical setting	Help trauma survivors emotionally process their traumatic experiences in order to diminish PTSD and other trauma-related symptoms	4 – 5 Months	Licensed Masters level Therapist	Attend a 4-day training and then complete 2 cases with a PE consultant	\$2,000
<b>SafeCare</b>	In-home Parent Skill-based	Families with children newborn – age 5 who are at-risk for or have a history of child neglect or abuse	Medium: One weekly 60 – 90 minute visit	In-home	Home-visiting program that promotes positive parent-child interaction and children's health and home safety and reduces child maltreatment/abuse	5 months	No minimum qualifications	32 hours of training and 2 months of using the model	\$20,000 +
<b>Strengthening Families Program – for Parents &amp; Youth ages 10 – 14</b>	Mental Health Substance Abuse	Families with youth ages 10 – 14	Medium: One weekly 2 hour group session	In the community: schools, community centers and organizations	Help parents increase their youth's protective factors, and reduce their youth's risk factors for behavioral, social, substance use, and academic problems.	7 weeks	Group facilitation skills and experience working with youth, adults, and families	Attend a 3 day training every three years	\$2,300 – 3,600 for up to 20 people
<b>Triple P – Positive Parenting Program – Online (Level 4)</b>	Mental Health	Families with children up to 12-years-old with significant social, emotional or behavioral issues	Low: Eight, 60-minute modules families have up to one year to complete	Online / Virtual	Help parents understand the foundations of positive parenting, teach children new skills, manage children's behaviors, and raise confident children	Self-paced (2 months – 1 year to complete)	N/A – it is a stand-alone web-based intervention	N/A	\$80



Promising

<b>Adolescent Community Reinforcement Approach (A-CRA)</b>	Substance Abuse	Adolescents and young adults (12 – 24) with substance use disorders and their caregivers	Medium: One weekly session + optional support calls	Multiple Out-patient, in-patient, in-home or in the community	Aims to support adolescents' substance use recovery by encouraging positive family and peer relationships and helping adolescents engage in prosocial activities	3 – 4 months	Master's Degree or Bachelor's level professional + two years experience	Attend a 2.5 day training workshop + supplemental, online courses	\$10,000 +
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<b>Aggression Replacement Training</b>	Mental Health	Youth ages 11 - 18 who exhibit violent or aggressive behavior	High: Three, 45 – 90 minute sessions per week	Multiple Schools, community agencies, juvenile correction facilities	A cognitive-behaviorally-based, group intervention designed to serve youth who display aggressive behavior. ART consists of three components: social skills training, anger control training, and moral reasoning training	3 months	High school diploma and experience in training and group intervention	Developer-provided training in ART is recommended, but not required, to implement the program. To become accredited, group facilitators attend a 5-day training	Cost could not be estimated based on current, publicly available information
<b>Child-Parent Psychotherapy (CPP)</b>	Mental Health	Trauma-exposed children 0 – 5-years-old and their parent / caregivers	Medium: One, 60 – 90 minute, weekly session	Multiple In-home, school or other community setting	To support and strengthen the caregiver / child relationship as a vehicle for restoring and protecting the child's mental health	5 – 12 months	Master's level Therapist	Attend an initial 3-day workshop, then quarterly, 2-day workshops. Participate in bi-monthly consultation calls	\$32,000 +
<b>Community Reinforcement Approach + Vouchers</b>	Substance Abuse	Adults with cocaine use issues	High: Two 1-hour sessions twice per week + drug testing three times per week	Outpatient mental health clinic, therapist office, or treatment center	Treat adults with cocaine use issues through therapy, skills training including drug refusal skills and strategies, and incentives for drug abstinence and treatment retention.	6 months	Master's level Therapist	Attend a 2-day training and then participate in feedback and coaching to earn certification	\$1,400 + for group/agency-wide training
<b>Families &amp; Schools Together – Elementary School Level</b>	Mental Health	Families with children ages 4 – 10	High: One, 2.5 hour weekly group session	Schools or other community setting	Strengthen parent-child and family relationships, promote children's school success and social and emotional development	2 – 24 months	4-person team: 2 parent partners 1 school partner 2 community partners with experience in mental health	Attend a 2-day training, complete observed sessions, and then attend a 1-day training	\$25,000 per person
<b>Family Spirit</b>	In-home Parent Skill-based	Young American Indian mothers (ages 14 – 24) who are pregnant	Medium: Weekly, 45 – 90 minutes sessions that, over time, taper in frequency	Multiple Mother's home or at a community based organization	Address intergenerational behavioral health problems and promote positive behavioral and emotional outcomes among mothers and children	3 years	One bachelor level supervisor for every 6 – 10 home visitors who have a high school diploma and community health experience	Attend a multi-day training and pass a knowledge skills test	\$30,000 +
<b>Generation PMTO – Individual</b>	Mental Health In-home Parent Skill-based	Parents of children ages 1 – 17 with behavioral problems	Medium: Weekly 50 minute sessions	Community setting such as in-home or in agencies	Increase parenting skills and promote effective family management	3 – 6 months	Have formal training in counseling, social work, or education	Attend three workshops and coaching seminars for 10 – 18 days of training	\$515,000 for 16 people to become fully certified
<b>High Fidelity Wraparound, Intensive Care Coordination</b>	Mental Health	Youth birth – age 21 with complex emotional, behavioral, or mental health needs, and their families	Low: Wraparound Care Coordinators Facilitate meetings monthly	Multiple In-home Counseling center Correctional facility	Facilitate meetings and oversight to coordinate a team and formal and informal supports to stabilize youth and their family	10 – 18 months	Education requirements are determined by the organization implementing Wraparound	Attend 3 – 8 full days of training depending on the level of care coordinator you seek	\$550 - \$2,000

<b>Incredible Years</b> <b>- Toddler Basic Program</b> <b>- School Age Basic Program</b>	Mental Health	Parents with toddlers (1 – 3 years old) Parents with children ages 6–12 years old	Medium: One, 2-hour weekly group	Multiple Therapy office/ counseling center/ childcare center	Group based. Help parents form secure attachments and address behavior problems. Create secure and safe environments for children, establish routines and use appropriate discipline	3 – 5 months	Groups are run by two people, one with a master's degree, the other has child development experience	Attend a 12–15 hour training	\$5000 +
<b>Interpersonal Psychotherapy for Depressed Adolescents (IPT-A)</b>	Mental Health	Parents/ families and their adolescent (12-18 years old) youth	Medium: One weekly session	Multiple Therapy office/ counseling center/ school	Help adolescents identify their feelings, understand how interpersonal factors impact their mood, strengthen problem-solving skills, improve relationships and decrease depressive symptoms	3 – 4 months	Master's level therapist	Attend 16- 20 hours of on-line or in-person training	\$500 +
<b>Iowa Parent Partner Approach</b>	In-home Parent Skill-based	Parents involved in the child welfare system	Medium: One – two in-person meetings per week + optional phone calls	In-home or In the child welfare office	One on one mentorship, peer support and advocacy from parents with lived experience	6 months	Staff with child welfare experience Parents with lived experience	Parents complete 6 training modules + attend monthly support group	It appears all training materials and guides are publicly available
<b>Methadone Maintenance Therapy</b>	Substance Abuse	Adults with heroin/opioid addiction	High: Daily contact	In a medical clinic	Reduce heroin/opioid addiction through medication assisted treatment	1 year +	Licensed physician and Licensed nurse	Attend training through SAMHSA Clinic must be SAMHSA certified	\$450 +
<b>Ohio's Kinship Supports Intervention / ProtectOHIO</b>	Kinship Navigator Program	Kinship caregivers (relatives and fictive kin) of children involved in the child welfare system, regardless of custody	Low: Monthly contact	In-home	Promotes and supports kinship placements. The goal is to meet children's physical, emotional, financial, and basic needs by connecting kinship caregivers with federal, state, and local resources	Throughout the duration of a child's kinship placement	No specific education requirements, knowledge of child welfare practices and experience working with families in the child welfare system	Complete a seven module, self-directed training through the Ohio Child Welfare Training Program	It appears the on-line modules are free to access
<b>Positive Parenting Program (Triple P) – Standard, Self-Directed and Group</b>	Mental Health	Families with children (age birth – 12 years old) who exhibit behavior or emotional difficulties	Medium: One, 1 – 2 hour weekly session + 15 – 30 minute phone sessions 3 x week Self-directed: Parents have 10 weeks to finish workbooks	Multiple Therapy office or Community center or In-home	Parent training that teaches positive parenting strategies, helping children develop and learn self-regulation, managing misbehavior, goal setting and planning ahead	2 – 3 months	There are no specific education or background prerequisites, experience and knowledge of child development is preferred	Attend a 3-day training followed by a 1-day pre-accreditation feedback session. 6 to 8 weeks later, practitioners complete a half-day accreditation workshop in which they demonstrate proficiency	\$1500 - \$2000 per person

<b>Prolonged Exposure Therapy for PTSD</b>	Mental Health	Adults diagnosed with PTSD or who manifest trauma-related symptoms	Medium: One – two, 90 minute sessions weekly	Counseling office / in a clinical setting	Help trauma survivors emotionally process their traumatic experiences in order to diminish PTSD and other trauma-related symptoms	4 – 5 months	Licensed Master's level therapist	Attend a 4-day training and then complete 2 cases with a PE consultant	\$2,000
<b>Sobriety Treatment and Recovery Teams (START)</b>	Substance Abuse In-home Parent Skill-based	Families with a child age 6 or younger who are involved in the child welfare system and have a substance use disorder	Medium: Two weekly sessions + team meetings	Multiple Home, Counseling office	Facilitate individualized wraparound services, identify and increase natural supports and match parents with a peer in long-term recovery for support	6 – 14 months	Workers and mentors are employed by Child Protective Services and meet those employment requirements	Two day on-site training and then 2–4 hours of consultation per month	Cost could not be estimated based on current, publicly available information
<b>TBRI 101</b> (online caregiver training)	Mental Health	Caregivers of children who have experienced abuse, neglect and/or other trauma	Self-paced	In-home	Self-guided, attachment-based, virtual training for caregivers of children who have experienced trauma that aims to teach caregivers tools to meet the emotional needs of their children	5 modules that contain 7.5 hours of content	Stand-alone web-based intervention for caregivers and is not delivered by a practitioner	Not Applicable	\$75
<b>TBRI – Caregiver Training</b>	Mental Health	Caregivers of children who have experienced abuse, neglect and/or other trauma	High: Four in-person group sessions that last for 6 hours each	Counseling office or community based agency	Attachment-based training for caregivers of children who have experienced trauma that aims to teach caregivers tools to meet the emotional needs of their children	1 – 3 months	No minimum educational requirements. Must be a professional working with caregivers	First, self-paced online coursework and interpersonal interview and then a 5-day in-person training	\$2,500 – 3,500
<b>Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)</b>	Mental Health	Youth ages 4 – 18 who have PTSD symptoms and their caregivers	Medium: One weekly session	Therapy office	Address traumatic experience, youth learns self regulation skills, caregivers learn behavioral management skills	3 – 4 months	Licensed Master's level therapist	Prefer therapist be certified but is not required. For certification attend 2-day training and have bi-monthly supervision for 6 months	\$300 – 2,500

### Services and Programs Currently Under Review

Program / Service	Mental Health	Substance Abuse	In-home Parent Skill-based	Kinship Navigator
Acceptance and Commitment Therapy (ACT)	X	X		
Arizona Kinship Support Services				X
Assertive Community Treatment		X		
BRAVE	X			
Chicago Parent Program	X			
Child-Centered Play Therapy	X			
Circle of Life		X		
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	X			



Cognitive Processing Therapy	X			
Cognitive Processing Therapy – American Indian Adaptation	X			
Coping Cat	X			
Early Pathways	X		X	
Effective Black Parenting Program	X			
Families Actively Improving Relationships	X	X	X	
Families First (Utah Youth Village Model)	X		X	
Family Centered Treatment (re-review)			X	
Fostering Health Futures	X			
Guiding Good Choices	X	X		
On the Way Home	X		X	
Sobriety Treatment and Recovery Teams (re-review)		X	X	
Strong African America Families	X	X		

### Services and Programs Reviewed and Not Approved

Program / Service	Reviewed For	Rating Released	Reason Program/Service Does Not Currently Meet Criteria
Alternatives for Families: A Cognitive-Behavioral Therapy	Mental Health and In-home Parent Skill-based Training	August 2021	Did not meet criteria to receive a rating because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Attachment and Biobehavioral Catch-up – Infant	Mental Health and In-home Parent Skill-based Training	December 2020	Did not meet criteria to receive a rating because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Attachment and Biobehavioral Catch-up Toddler	Mental Health and In-home Parent Skill-based Training	December 2020	Did not meet criteria to receive a rating because no studies met eligibility criteria for review
Children’s Home Society of New Jersey Kinship Navigator Model	Kinship Navigator Programs	June 2019	Did not meet criteria to receive a rating because no studies of the program achieved a rating of moderate or high on design and execution
Circle of Security – Intensive and Parenting	In-home Parent Skill-based Training	October 2021	Did not meet criteria to receive a rating because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect
Families and Schools Together – Early Childhood, Middle and High School level	Mental Health	March 2022	Did not meet criteria because no studies met eligibility criteria for review
Families Fuertes	Mental Health Substance Abuse	March 2022	Did not meet criteria because no studies of the program achieved a rating of moderate or high on design and execution
Familias Unidas – eHealth	Mental Health Substance Abuse and In-home Parent Skill-based Training	October 2021	Did not meet criteria because no studies of the program achieved a rating of moderate or high on design and execution
Family Behavior Therapy - Adolescent - Adult	Substance Abuse	March 2020	Did not meet criteria because no studies met eligibility criteria for review
Family Behavior Therapy - Adult with Child Welfare Supplement	Substance Abuse	March 2020	Did not meet criteria because no studies of the program achieved a rating of moderate or high on design and execution
Helping Women Recover + Beyond Trauma	Substance Abuse	October 2021	Did not meet criteria to receive a rating because no studies met eligibility criteria for review



Incredible Years - Parents and Babies Program - Preschool Basic Program	Mental Health	August 2020	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Interpersonal Psychotherapy (Stuart & Robertson Manual)	Mental Health	August 2020	Did not meet criteria to receive a rating because no studies of the program achieved a rating of moderate or high on design and execution
Kinship Interdisciplinary Navigation Technologically- Advanced Model (KIN-Tech)	Kinship Navigator	June 2019	Did not meet criteria to receive a rating because no studies of the program achieved a rating of moderate or high on design and execution
Lilliput Families Kinship Support Services Program	Kinship Navigator	January 2022	Is not eligible for review because a written protocol, manual, or other documentation that describes how to implement or administer the practice is not available at this time
The Matrix Model	Substance Abuse	February 2021	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Mindfulness Based Cognitive Therapy for Anxious Children	Mental Health	March 2022	Did not meet criteria because no studies of the program achieved a rating of moderate or high on design and execution
Multisystemic Therapy for Child Abuse and Neglect	Mental Health	June 2019	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Nurturing Parenting - Infants, Toddlers & Preschoolers - School Age children 5 - 11 Years	In-home Parent Skill-based Training	March 2020	Did not meet criteria to receive a rating because no studies of the program achieved a rating of moderate or high on design and execution
Parent Connectors	Mental Health and In-home Parent Skill-based Training	August 2021	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Parenting Wisely – Teen Edition and Young Child Edition	Mental Health Substance Abuse Kinship Navigator	October 2021	Did not meet criteria to receive a rating because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
SafeCare Augmented	In-home Parent Skill-based Training	December 2020	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Safe Environment for Every Kid (SEEK)	Mental Health	October 2021	Did not meet criteria to receive a rating because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
Seeking Safety	Substance Abuse	March 2020	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome
The Seven Challenges – Adolescent - Adults	Substance Abuse	August 2020	Did not meet criteria because no studies met eligibility criteria for review
Solution-Based Casework	In-home Parent Skill-based Training	March 2020	Did not meet criteria to receive a rating because no studies met eligibility criteria for review
Strengthening Families Program, Birth - 16	Mental Health and Substance Abuse	March 2022	Did not meet criteria because no studies of the program that achieved a rating of moderate or high on design and execution demonstrated a favorable effect on a target outcome.
Together Facing the Challenge	Mental Health	August 2021	Did not meet criteria to receive a rating because no studies met eligibility criteria for review
YMCA Kinship Supports Services	Kinship Navigator Programs	December 2020	Deemed not eligible for review because a written manual or documentation that describes how to implement the practice is not available to the public